



AQUAREVEAL SMOOTH TALKER WATER PEEL FOR LIPS Recommended by Courtney Dunlop, founder of Good Skin Day, a boutique and spa in Springfield, Missouri

This "peel" contains softening glycerin and no potentially irritating scrubbers or sting-y acids and enzymes, so it's ideal for sensitive skin. But it still lets you indulge in the type of controlled body horror show that skin-care lovers relish: "You massage the gel on dry lips and what look like chunks of dead skin roll off. It's so satisfying," says Dunlop, who uses it to create a perfectly smooth (but not greasy) canvas before she swipes on matte lipstick. Those chunks aren't all actually dead skin, though (sorry, drama queens). The polymers in the gel are also falling away as you rub—and buff your lips silky and flake-free in the process.